

## Ideas for Celebrating Pink Sunday

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Sharing Breast Health Awareness in the Faith Community



In addition to sharing breast health educational materials provided by Susan G. Komen Charlotte, each church is responsible for coordinating its own event April 26<sup>th</sup>, 2015.

*It is important to distribute the educational materials to members and to have someone speak about breast health.* This speaker can be someone who knows about breast health, or a congregation member reading the Pink Sunday sample script or has been touched by breast cancer.

Here are some more ways to celebrate:

- Post breast health information and local mammography resources on bulletin boards.
- Invite a breast cancer survivor to share their story with the congregation.
- Ask your congregation to wear pink.
- Set up an education booth in the lobby
- Have a "survivor tree"- hang the names of survivors on a small tree in the lobby.
- Celebrate breast cancer survivors in your congregation with pink flowers.
- Invite a health care professional to speak about early detection and the importance of mammograms
- Honor those who have lost their battle with a moment of silence.
- Host a reception after the service with pink lemonade and cake.
- Create Walls of Hope with the names of survivors and/or those who have lost their battle with breast cancer.
- Conduct a candlelight prayer service.
- Have a collection plate on Pink Sunday passed for donations to be made to Komen Charlotte.
- Host a women's only education event (This is an opportunity to let women learn about breast health and ask personal questions they may not feel comfortable discussing in front of the entire congregation).
- Put pink balloons or pink bows on the pews. For information on buying pink bows, contact Carol at [pinkbow4rally@gmail.com](mailto:pinkbow4rally@gmail.com).
- Order [pink pins or other merchandise \(CLICK HERE\)](#) from the Komen National website to provide to survivors or your congregation. Some items are available at the Komen Charlotte office.

Susan G. Komen Charlotte has trained Komen education ambassadors in many counties, however speakers are limited and will only be scheduled based on availability. Please use [this form to request](#) a speaker. Requests must be at least 3 weeks in advance. We will try our best to provide a speaker, but not all speaker requests can be filled.